



# READING GUIDE

October, 2024

## One Last Time

Helga Flatland

### In short

A moving, elegant and warmly funny novel by the Norwegian Anne Tyler.

### Synopsis

Anne's life is rushing to an unexpected and untimely end. But her diagnosis of terminal cancer isn't just a shock for her – and for her daughter Sigrid and granddaughter Mia – it shines a spotlight onto their fractured and uncomfortable relationships. On a spur-of-the moment trip to France the three generations of women reveal harboured secrets, long-held frustrations and suppressed desires, and learn humbling and heart-warming lessons about how life should be lived when death is so close.

### Next, you should listen to...

*The Wren, The Wren* by Anne Enright

*A Modern Family* by Helga Flatland

*This Must Be The Place* by Maggie O'Farrell

