



# READING GUIDE

May, 2023



## The Stranding

Kate Sawyer

An unforgettable novel about new beginnings and the hope that can remain even when the world is changed beyond recognition.

### IN DETAIL

Ruth lives in the heart of the city. Working, drinking, falling in love: the rhythm of her vivid and complicated life is set against a background hum of darkening news reports, from which she deliberately turns away. When a new romance becomes claustrophobic, Ruth chooses to leave behind not only the failing relationship, but also her beloved friends and family. She travels to the other side of the world in pursuit of her dream life working with whales in New Zealand. But when Ruth arrives, the news cycle she has been ignoring for so long is now the new reality. Far from home and with no real hope of survival, she finds herself climbing into the mouth of a beached whale alongside a stranger. When she emerges, it is into a landscape that bears no relation to the world they knew before.



# READING GUIDE

May, 2023

## BOOK CLUB TOPICS

Did you enjoy *The Stranding*?

Did you enjoy Kate Sawyer's narration of *The Stranding*? Do you think the author narrating her work helped?

*The Stranding* is a post-apocalyptic novel but with a relatable protagonist. Did you enjoy this as a narrative device?

What do you think happens to Ruth and Nik after *The Stranding* ends?

Would you recommend *The Stranding*?

## RECOMMENDED LISTENS AFTER THE STRANDING

### Other books with strong female protagonists

*The Nightingale* by Kristin Hannah

*Lola* by Melissa Scrivner Love

*This Must Be The Place* by Maggie O'Farrell

*The Sealwoman's Gift* by Sally Magnusson

*Overkill* by Vanda Symon